**** ©The Gianna Centre

**….**doing life together

A Family Support and Education Service

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**Facing an Unplanned Pregnancy**

**My Questions – My Options**

**Adoption**

**1)** Would I consider adopting my baby to another family? Yes ⬜ No ⬜

**2)** Would I like to have visiting rights to my child?

⬜ at first ⬜ always ⬜ never ⬜ undecided

**3)** If I adopt out, how will I feel?

Now

|  |
| --- |
| In 1 Year: |
| In 5 Years: |
| In 10 years: |
| In 20 years: |
| In 50 Years: |

**4)** What are my greatest fears?

Now

|  |
| --- |
| In 1 Year: |
| In 5 Years: |
| In 10 years: |
| In 20 years: |
| In 50 Years: |

**5)** How will I cope?

Now

|  |
| --- |
| In 1 Year: |
| In 5 Years: |
| In 10 years: |
| In 20 years: |
| In 50 Years: |

**Facing an Unplanned Pregnancy**

**My Questions – My Options**

**Adoption (continued)**

**6)** What is good about adoption?

|  |
| --- |
|  |

**7)** What is bad about adoption?

|  |
| --- |
|  |

**8)** Should I discuss my situation with ⬜ my friend/s ⬜ my GP ⬜ support services ⬜

my family ⬜ check out websites ⬜ get more information

**9)** What is the best outcome for my baby?

⬜ keeping my baby

⬜ aborting my baby

⬜ adopting my baby

How can I find out what support is available?

**The Gianna Centre**

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The Gianna Centre is a Child Safe Organisation