



# The Gianna Centre

*....doing life together*

## The Gianna Centre is a family support, education and referral service.

We are a 'Child Safe', not-for-profit, registered charity, staffed by volunteers.

### We offer 'someone to talk to' for women, men and young people.

Together we explore all options for a positive outcome.

The Centre offers:

- ✓ Material aid
- ✓ Emergency relief
- ✓ Emotional encouragement
- ✓ Professional Referrals & Advocacy
- ✓ Planned & unplanned pregnancy support
- ✓ Parenting support
- ✓ MensLink
- ✓ Education and Information Resource Packs
- ✓ Disability Assistance & Mental Health Support
- ✓ Miscarriage, stillbirth loss & grief support
- ✓ Pre and post abortion care
- ✓ Suicide loss and grief support
- ✓ Gianna Memorial Wall of Remembrance (*Fees apply*)

Whilst we are not a counselling, medical or legal centre, all services offered by The Gianna Centre are supported by the opportunity for referral to an accredited professional organisation.

## FREE & CONFIDENTIAL

### Education Opportunities....

The Gianna Centre offers evidence based relationship workshops to secondary school students, presented by accredited volunteers. (*Fees apply*)

These programs address unplanned teenage pregnancy and the importance of having the confidence to make fully informed choices about life and relationships.

The Gianna Centre provides Parenting Education Programs for mums, dads, grandparents and carers of children.

These programs are presented by community information and health service professionals.



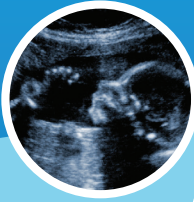
### Peer Support Groups

- ✓ CAS (Catch a Swallow (pre and post abortion support)
- ✓ GPS Care (Gianna Post Suicide Care)
- ✓ Sands - Stillbirth and newborn death support (A partnership between Sands Australia & The Gianna Centre)
- ✓ The Compassionate Friends Victoria - supporting parents and siblings when a child or sibling dies. (A partnership between TCFV and TGC)
- ✓ Gianna Mums Connect - a playgroup setup by dedicated volunteers for Mums and their children

*help, hope & care*

[www.gianna.org.au](http://www.gianna.org.au)





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The Gianna Centre offers ideal pre IVF support & teaching by a trained health professional in the Billings Ovulation Method®

Would your lifestyle be enhanced if you could....

- ✓ manage your fertility naturally?
- ✓ avoid pills, drugs or devices
- ✓ avoid pregnancy or achieve pregnancy naturally?
- ✓ manage peri-menopause naturally?

(Fees apply)



The Gianna Centre adheres to a strict code of ethics and values the dignity and uniqueness of every individual

### Mission

To offer hope, through listening and caring for men, women and young people, in a confidential, positive and supportive way.

### Vision

To empower individuals and families to achieve independence and happiness through practical assistance, emotional support, education, information and professional referrals.

The Gianna Centre acknowledges the many individuals, businesses and community organisations who assist financially and practically to keep this centre operational

Donations of \$2 and over are tax deductible [www.givenow.com.au/gianna](http://www.givenow.com.au/gianna)



# The Gianna Centre

Shop 7, Victoria Lane, Pall Mall Bendigo  
PO Box 1132, Bendigo Central 3552 VIC Australia

Mobile: **0417 392 255** (Admin calls)  
**0419 496 443** (Support services)

**0428 400 159** (Support services)

Email: [enquiries@gianna.org.au](mailto:enquiries@gianna.org.au)

ABN 22 998 175 690

### Office Hours

Please refer to our website for Business Hours

The Gianna Centre is closed on Public Holidays and School Holidays.

Please phone our mobile numbers for Emergency Relief Assistance.

[www.gianna.org.au](http://www.gianna.org.au)



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